



Erasmus+

# Participant Report Form – Call 2020 – KA1 – Learning Mobility of Individuals – Staff mobility in school education

Fields marked with \* are mandatory.

Document code: EP-KA1-SE-2020

## 1 Purpose of the Participant Report

As a recent participant in a mobility activity funded by the European Union's programme, we ask you to fill in this participant report to provide feedback about your experience.

Your feedback will be used to improve the experience of Erasmus+ participants in the future. It may also be used as part of the evaluation of the project implemented by your sending organisation.

Thank you for any information, comments and advice you can provide.

## 2 Identification of the Participant and General Information

### \* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Melina MISSIOS

### 2.2 Mobility start date

The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

06/07/2022

### 2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

13/07/2022

\* 2.4 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

melina.missios@ac-montpellier.fr

\* 2.5 Was this your first staff mobility period financed by the Erasmus+ or Lifelong Learning Programmes?

Yes

\* 2.7 Did you sign a mobility agreement with your institution before the mobility?

Yes

\* 2.8 What type of activity did you carry out?

Teaching/training assignment

\* 2.13 Please describe what you have done during your mobility period. Which new knowledge, skills and competences did you gain or improve?

I improved my english by training every day : we did lot of exercices to speak in english. Everybody have to talk, think, write and play in english, so it was a very good experience. I even dreamed in english !

\* 2.14 What were the most important experiences during your mobility period? Please mention both positive and negative aspects.

The most important expeirences were to have some prononciation exercices, but also when we have to use new words, for exemple by making some song or little texts. It was not always easy but we learned a lot. The negative aspect, maybe, was a lack of gramma exercices, to complete the training.

\* 2.15 Was your activity linked to the needs and objectives of your home organisation?

Yes, well linked

\* 2.16 What were your main motivations for doing a mobility period abroad?

Multiple answers are possible.

- ☒ To learn from good practice abroad
- ☐ To experiment and develop new learning practices and teaching methods
- ☐ To gain practical skills relevant for my current job and professional development
- ☐ To reinforce or extend my professional network
- ☐ To share my own knowledge and skills with learners and/or other persons
- ☐ To reinforce the cooperation with a partner institution/organisation

- ☐ To build cooperation with players in the labour market
- ☐ To create spin-off effects for the launch or development of new educational activities
- ☒ To increase my social, linguistic and/or cultural competences
- ☒ To increase my job satisfaction
- ☒ To make new contacts
- ☐ To increase my employment and career opportunities
- ☐ Other

### 3 Achievements and Impact

3.1 By participating in this Erasmus+ activity I believe I have developed the following competences:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* Competences in mathematics	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Science and technology	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Digital competence	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Learning to learn	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social and civic competences	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Sense of initiative and entrepreneurship	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Cultural awareness and expression	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 3.2 What was the main language used during your mobility activity?

English

\* 3.4 Do you feel you have improved your skills in this language during your stay abroad?

- ☒ Yes
- ☐ No, I was already fluent
- ☐ No

\* 3.5 I have followed a language course/training in the main language before or during the activity

- ☒ Yes
- ☐ No

3.6 As a consequence of my mobility period abroad, I have...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* Improved my career and employment opportunities	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Become more motivated to carry on developing my professional skills	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Learned from good practice abroad	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Gained practical skills relevant for my current job and professional development	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Improved my knowledge of the subject I am teaching and/or my professional field	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Shared my own knowledge and skills with learners and peers	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Been able to experiment and develop new learning practices and teaching methods	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Built up new contacts/expand my professional network	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Improved my knowledge of education systems in other countries	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Improved my awareness of methods for assessing and giving credit for skills or competences acquired in formal and informal learning context	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Become better aware of European funding mechanisms for projects in my field of education and training	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.7 Thanks to this mobility activity, I have also improved my:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* Analytical skills	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Practical skills (e.g. planning and organising, project management, etc.)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Organisational/management/leadership skills	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Teamwork abilities	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Emotional skills (e.g. having more self-confidence, etc.)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.8 I believe my participation in Erasmus+ had or will have the following impact on my sending institution:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* Creating opportunities for me to share the knowledge acquired through my mobility activity with colleagues	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Using new teaching/training methods, approaches and good practices at my sending institution	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Introduction of new subjects or curricula at my sending institution	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Creating opportunities for the launch or development of new educational activities such as curriculum development, development of joint courses or modules, academic networks, etc.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Reinforcing a positive attitude of my sending institution towards sending more staff on teaching assignments, job shadowing or training abroad	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Improving the organisation and management at my sending institution	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Strengthening the cooperation with the partner organisations in this project	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Strengthening my sending institution's efforts to internationalise its activities	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Strengthening my sending institution's cooperation with players in the labour market	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Strengthening my sending institution's cooperation with players in the civil society	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Starting or joining new European /international projects	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 3.9 Have you participated in any virtual mobility period?

- ☒ Yes  
☐ No

\* 3.10 How satisfied were you with the virtual mobility period?

Very satisfied

\* 3.12 Did you receive any specific support to make the most use of this experience?

- ☒ Yes  
☐ No

\* 3.13 How satisfied were you with the support provided?

Very satisfied

\* 3.15 Do you feel that this virtual mobility period contributed to the development or acquisition of competences?

Strongly agree

3.17 If you wish, please provide additional comments about your experience with the virtual mobility period.

Very good organisation and a good atmosphere too, a nice way to start the mobility.

## 4 Certification and Formal Recognition

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\* 4.1 Have you received formal recognition for satisfactorily completed activities of the programme (for example a certificate, diploma etc.)?

No

\* 4.4 In what way will your mobility be acknowledged by your sending institution?

Multiple answers are possible.

- ☒ Informal recognition by the management  
☒ Being assigned new roles or responsibilities  
☐ Salary increase or bonus  
☐ Other  
☐ Not recognised at all

## 5 Conclusions

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\* 5.1 How satisfied are you with your Erasmus+ mobility experience in general?

Very satisfied

\* 5.2 Would you like to participate in other Erasmus+ activities in the future?

Yes

\* 5.3 Would you recommend this experience to a colleague?

Yes

\* 5.4 How do you plan to share your experience?

Multiple answers are possible.

- ☐ With a written report
- ☒ At staff meeting(s)
- ☐ At conference(s)
- ☒ At workshop(s) with colleagues
- ☒ In the media
- ☐ Other
- ☐ No plans to share

5.5 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

## 6 Publication and Usage Rights of the Information and of the Email Address

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\* 6.1 I'm willing to help staff and students based on my own Erasmus+ experience. They can contact me at my email address.

- ☒ Yes
- ☐ No

\* 6.2 I agree that (parts of) this report can be published and made available to the general public.

- ☒ Yes, with my name and email address
- ☐ Yes, but anonymised (no name, no email address)
- ☐ No

\* 6.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme or EU issues.

- ☒ Yes
- ☐ No

**Personal data protection notice:** all personal data in this form will be processed in accordance with Regulation (EC) No 2018/1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the European Union institutions, bodies, offices and agencies and on the free movement of such data.



## Contact

[http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies\\_en](http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies_en)